

Two Dozen Useful Web Sites For Seniors That are FUN, too



- Explore Internet discussion groups. The Internet's "usenet newsgroups" consist of thousands of discussion groups on topics ranging from consumer products and vacation sites to health, investing, science, military affairs and politics—practically everything you can think of.

-The simplest way to be introduced to them is via Google Groups—go to www.google.com and click on "Groups". Enter any subject of interest to you in the search box and you'll get a list of related discussions. To learn how to participate in discussion, click on "About Google Groups."

HEALTH

- Get comprehensive health information. The Healthfinder Web site of the US National Health Information Center may be the most comprehensive source of health and medical information you can find anywhere. www.healthfinder.gov

- Learn about prescription drugs. The Internet Drug Index provided by WebMD (www.webmd.com) gives the information you need to be informed about any prescription medications you may use. www.rxlist.com

-Worstpills.org, run by Public Citizen, gives information on more than 600 drugs, including nearly 200 that it warns against using. www.worstpills.org

TRAVEL

- Learn about travel opportunities. Find discount airfares and other travel bargains for seniors at Smarter Travel. www.smartertravel.com/senior.
-For exotic travel packages for persons age 50 and over, check out ElderTreks, www.eldertreks.com, and 50plus Expeditions, www.50plusexpeditions.com
- Plan educational travel. For 30 years, Elderhostel has been combining travel to destinations around the world with educational instruction for persons age 55 and older. www.elderhostel.org/welcome/home.asp

TO FIND MORE

Of course, the Web contains many more sites of interest to seniors than can be listed here. To find them, use these web portals created especially for seniors...

- AARP Internet Resources List links to more than 900 of the best sites for persons age 50-plus. www.aarp.org/internetresources
- Senior Journal's Senior Links and Senior Friendly Business Links provide a wide range of useful sites. www.seniorjournal.com/seniorlinks.htm
- The Yahoo! Senior Directory. Go to www.yahoo.com, click on "Directory" and enter "Seniors" in the search box.

Source: Bottom Line January 2006, By: James Glass Esq.



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Seniors are the fastest-growing segment of Internet users, and the Web offers them more all the time.

Here are more than two dozen of the best Web sites for seniors—both fun and useful...

PLAY

- Get a laugh every day. The Geezer Brigade is a humor site reserved for persons age 55 and older. www.thegeezerbrigade.com
- Discover fun activities. The 50plusFun site is portal to information about many kinds of fun and healthful diversions for seniors—the arts, dancing, hobbies, games, sports, etc. www.50plusfun.com
- Find a music festival. More than 2,500 music festivals in North America are covered at the Festival Finder Web site— everything from bluegrass to classical. www.festivalfinder.com
- Read classic literature. Plays, poetry and novels from Aeschylus to Agatha Christie are available free to all at Bartelby.com
 - Also here: Reference works on famous quotations and English usage, encyclopedias and a thesaurus. www.bartleby.com
- Brush up on your golf. The Golf.com Web site is the most popular on the Internet for golf news plus help in finding local golf courses, buying equipment, obtaining instruction and more. www.golf.com
- Learn about antique collecting—or the value of antiques that you own. Antiques Bulletin Online contains news of auctions, fairs, dealers and services regarding antiques of all kinds. If you want to learn about antique collecting, pricing or a particular kind of antique, you can do so here. www.antiquesbulletin.com
- Have more fun being a grandparent. Grandparents Web gives tips on grandparenting, unusual activities such as how to make a “growing up” book about your grandchild, information about legal rights, camping with grandkids and much, much more. www.cyberparent.com/gran
- Play bridge or chess online. Learn all about bridge and play against other real players online via the Web site of the American Contract Bridge League.

www.acbl.org. If chess is your game, there are always thousands of players from around the world on-line—ranging in ability from beginners to the world’s strongest Grandmasters—at the Internet Chess Club. www.chessclub.com

- Listen to radio stations and read newspapers from around the world. Thousands of radio stations and newspapers around the world now are available online. Find newspapers via www.newslink.org and radio stations via www.radio-locator.com.
- Enjoy vintage television and radio shows. For classic TV shows, cartoons and movie shorts, visit likeTelevision at www.liketelevision.com. For classic radio go to the Old Time Radio Web site, www.old-time.com. Recommended: A high-speed Internet connection.
 - Learn about your family tree. The Internet is a great resource for genealogy, and at the Genealogy.com Web site, you can start learning about your ancestors. You’ll find a huge database and many people with similar interests willing to help you. www.genealogy.com

SENIOR ISSUES

- Meet other seniors. The Silver Singles site can get you together with others who have like interests, to meet in person or in its chat forums. www.silversingles.com
- Check out retirement communities around the US. Learn about retirement resorts that offer a wide variety of lifestyle opportunities and other retirement community options at www.retirementresorts.com
- Get legal help. The Senior Law Web site provides information about a range of legal issues for seniors—Medicare and Medicaid, insurance, Social Security, wills and trusts, more. www.seniorlaw.com
- Get help from the federal government. FirstGov for Seniors is the federal government’s center of information about government programs that affect seniors.
 - Included: Consumer protection, retirement and pension plan issues, taxes, disability laws, health information and much more. www.firstgov.gov/Topics/Seniors.shtml